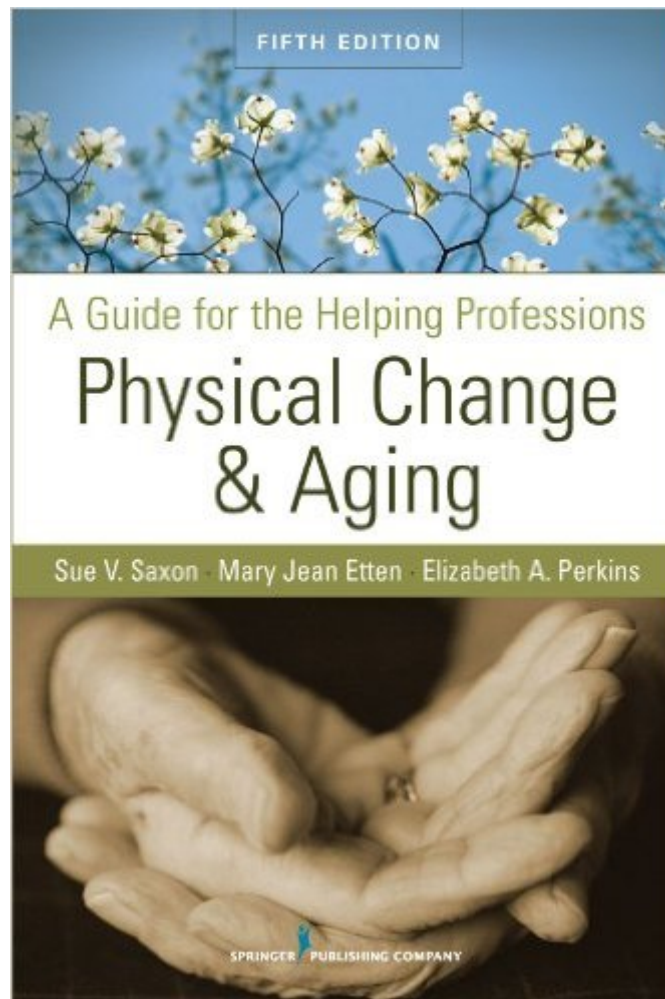


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# Physical Change And Aging: A Guide For The Helping Professions, Fifth Edition



## Synopsis

"[This book] has been honed into an elegant compendium. This outstanding work should be widely read - it is perhaps the best example of an integrative approach to gerontology". Score: 94, 4 stars -Doody's This book serves as an authoritative textbook and guide to the physical changes and common pathologies associated with the aging process, with special emphasis on the psychological and social implications of these changes in the lives of older adults. This fifth edition presents the newly available research findings that differentiate "normal" aging from actual pathology. The authors provide a thoroughly updated and expanded review of important topics in aging, including death and grieving, complementary and alternative therapies, nutrition, exercise, and much more. The book also demonstrates how the elderly population can gain greater personal control over aging through lifestyle modifications and preventive health strategies. Key topics introduced and discussed: Psychosocial theories of aging Changes and disorders in the skeletal, nervous, cardiovascular, and respiratory systems Dementia, delirium, and mild cognitive impairment Aging in persons with lifelong disabilities This volume serves as a comprehensive textbook for students studying to become health care professionals, and is also a fundamental resource for gerontologists, nurses, social workers, psychologists, rehabilitation specialists, clergy, and counselors.

## Book Information

Paperback: 512 pages

Publisher: Springer Publishing Company; 5 edition (November 9, 2009)

Language: English

ISBN-10: 082610441X

ISBN-13: 978-0826104410

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

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## Customer Reviews

For the very basics of biological aging processes, this textbook will do just fine. This textbook is not intended for Allied Healthcare professions, unless it is used for an overview of the basic biological

constructs of aging. In other words, this book is not comprehensive science textbook.

Exactly what I asked for! Fast shipping.

Bought for class. Very interesting if you are in the field, but this class has helped me decide not to get into a geriatrics field. While it is a well written book, my view is tainted by the class.

Great book to learn about aging population and nursing. Purchased for BSN class

Several bits of information was incorrect like the smallest bone of the body. My professor hated this book because of all the mistakes.

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